

WHAT IS NEEDED TO SUPPORT IMPLEMENTATION OF SELF-MANAGEMENT SUPPORT IN CANCER SURVIVORSHIP CARE?

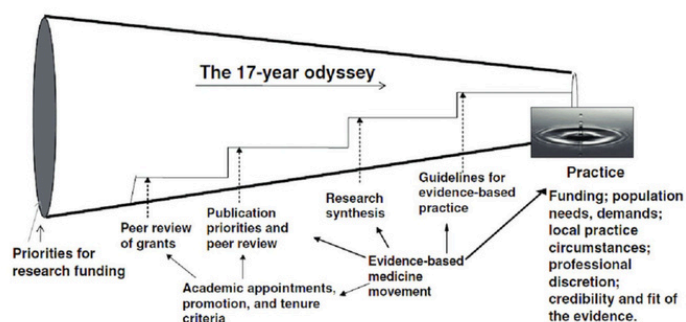
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- Self-Management Support (SMS) enables people living with and beyond cancer to work collaboratively with health care providers to manage their own health and wellbeing.

MOST RESEARCH FOCUSES ON 'WHAT WORKS'

- Research to date has largely focused on testing the effectiveness of SMS interventions in supporting those living with and beyond cancer to self manage.
- Less is known about how to enable implementation of SMS in cancer survivorship care delivery.



17 YEARS

A frequently quoted statistic is that it can take up to 17 years to translate original research into routine use in clinical practice.

Green et al. (2009). Diffusion theory and knowledge dissemination, utilization, and integration in public health. *Annu Rev Public Health*

WHAT WE DID

INTERVIEWS



- Interviews with 47 key informants from 20 cancer centres in Ireland.
- To find out what supports and hinders implementation of SMS in cancer survivorship care.

FACTORS INFLUENCING IMPLEMENTATION OF SMS PROGRAMMES

- Policy such as the national cancer strategy is a driver of adoption, but infrastructure and resources in the inner setting of organisations are necessary for sustainment.
- Performance measurement enables adoption and continued engagement with implementation.
- Providing evidence of SMS improving cancer survivor outcomes and addressing leadership priorities secures organisational buy-in.
- Champions with proactive leadership and entrepreneurial skills enable adoption and sustainment.
- Organisational culture of entrepreneurship and addressing employee well-being affects the capacity of champions and staff to adopt and sustain SMS programmes.

"Needs to be more prescriptive in our care, it needs to be measured by KPIs or through audit, I think something like that would motivate"

"Supervision has always been part of our practice, but I don't know if it is for a lot of the other professions in this area....there's a lot of an emotional load that comes with working in oncology"

"The resources behind them, the money behind them to resource is not there, that comes at a local level and that's what would be needed in order to push this onto the next stage, not just in name, but in practice"

"Data is everything – if you want something to progress, you need the numbers, because it decreases length of stay, there's more cost savings for the hospital"



"I think the national strategy is definitely the main driver, that publishing of standards and requirements to roll out the survivorship care"

"The hospital culture is progressive; it encourages development and innovation. There's almost like an implied pressure, to be doing more and to be delivering good care as possible... if there is something that could be developed, they're usually facilitated and supported in doing that"

Stakeholder group	Recommendations
Policy makers	<ul style="list-style-type: none"> • Cancer policies and national frameworks to prioritise SMS implementation. • Include representation from all oncology health care providers in leadership and policy decision-making to ensure their contributions are recognised in cancer survivorship care and SMS delivery. • Communicate data to stakeholders, end-users and consumers to demonstrate the ongoing benefits and costs effectiveness of SMS.
External accreditation bodies	<ul style="list-style-type: none"> • Integrate SMS into external accreditation standards for cancer services to encourage implementation.
Organisational leadership	<ul style="list-style-type: none"> • Identify and support champions within organisations who can advocate for and lead SMS implementation. • Provide non-monetary incentives to motivate staff to implement SMS. • Provide well being support to oncology healthcare providers in order to sustain delivery of SMS programmes.

ACKNOWLEDGEMENTS

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